

LENTEN

VESPERS

Dominica III in Quadragesima • March 23, 2025

STAND

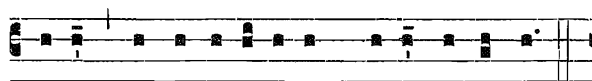
V. O God, [make the Sign of the Cross] come to my assistance;

R. O Lord, make haste to help me.

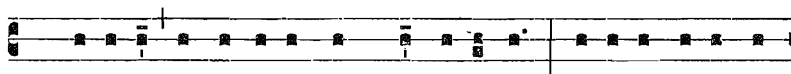
V. Glory be to the Father, and to the Son, * and to the Holy Spirit.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

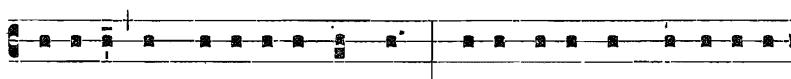
Praise be to thee, O Lord, King of eternal glory.



E-US in adju-tó-ri- um me- um inténde.



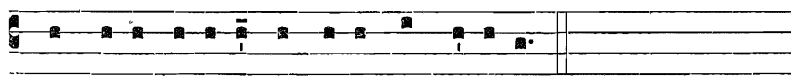
R. Dómi-ne ad adjuvándum me festí-na. Gló-ri- a Patri, et



Fí-li- o, et Spi-rí-tu- i Sancto. Sic-ut e-rat in princí-pi- o,

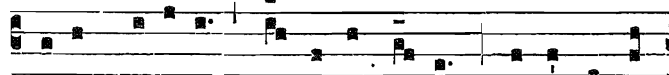


et nunc, et semper, et in saécu-la saecu-ló-rum. Amen.

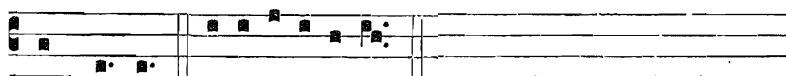


Laus ti-bi Dómine Rex aetérnae gló-ri-ae.

Antiphona. 7. c 2



IXIT Dóminus Dó-mi-no me- o : Se-de a dex-



tris me- is. E u o u a e.

Ant. 1: The Lord said to my Lord: * Sit thou at my right hand.

AFTER THE FIRST VERSE OF THE PSALM, SIT FOR THE GLORIA PATRI OF EACH PSALM, STAND

Psalm 109 [1]

109:1 The Lord said to my Lord: * Sit thou at my right hand:

109:1 Until I make thy enemies * thy footstool.

109:2 The Lord will send forth the sceptre of thy power out of Sion: * rule thou in the midst of thy enemies.

109:3 With thee is the principality in the day of thy strength: in the brightness of the saints: * from the womb before the day star I begot thee.

109:4 The Lord hath sworn, and he will not repent: * Thou art a priest for ever according to the order of Melchisedech.

109:5 The Lord at thy right hand * hath broken kings

Psalmus 109 [1]

109:1 Dixit Dóminus **Dómino meo**: * Sede a **dextris meis**:

109:1 Donec ponam inimícos **tuos**, * scabéllum **pedum tuórum**.

109:2 Virgam virtútis tuæ emíttet Dóminus ex **Sion**: * domináre in médio inimicórum **tuórum**.

109:3 Tecum princípium in die virtútis tuæ in splendóribus sanctórum: * ex útero ante lucíferum **génui te**.

109:4 Iurávit Dóminus, et non pœnitébit **eum**: * Tu es sacérdos in ætérnum secúndum órđinem Melchísedech.

in the day of his wrath.

109:6 He shall judge among nations, he shall fill ruins: * he shall crush the heads in the land of many.

109:7 He shall drink of the torrent in the way: * therefore shall he lift up the head.

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

109:5 Dóminus a **dextris tuis**, * confrégit in die iræ **suæ reges**.

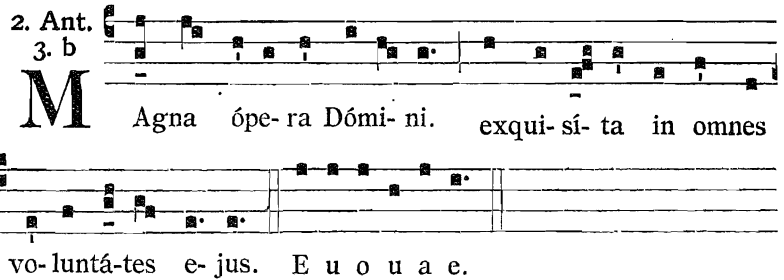
109:6 Iudicábit in natió nibus, **implébit ruínas**: * conquassábit cápita in **terra multórum**.

109:7 De torrén te in **via bibet**: * proptérea exaltábit **caput**.

V. Glória **Patri**, et **Fílio**, * et Spirítui **Sancto**.

R. Sicut erat in princípío, et **nunc**, et **semper**, * et in saecula saeculórum. Amen.

2. Ant.
3. b



M Agna ópe- ra Dómi- ni. exqui- sí- ta in omnes
vo- luntá- tes e- jus. E u o u a e.

Ant. 2: Great are the works of the Lord, * sought out according to all his wills.

Psalm 110 [2]

110:1 I will praise thee, O Lord, with my whole heart; * in the council of the just, and in the congregation.

110:2 Great are the works of the Lord: * sought out according to all his wills.

110:3 His work is praise and magnificence: * and his justice continueth for ever and ever.

110:4 He hath made a remembrance of his wonderful works, being a merciful and gracious Lord: * he hath given food to them that fear him.

110:5 He will be mindful for ever of his covenant: * he will shew forth to his people the power of his works.

110:7 That he may give them the inheritance of the Gentiles: * the works of his hands are truth and judgment.

110:8 All his commandments are faithful: confirmed for ever and ever, * made in truth and equity.

110:9 He hath sent redemption to his people: * he hath commanded his covenant for ever.

110:9 (bow head) Holy and terrible is his name: * the fear of the Lord is the beginning of wisdom.

110:10 A good understanding to all that do it: * his praise continueth for ever and ever.

V. Glory be...

Psalmus 110 [2]

110:1 Confitébor tibi, Dómine, in toto **corde meo**: * in consílio iustórum, et congregatióne.

110:2 Magna **ópera Dómini**: * exquisíta in omnes voluntátes eius.

110:3 Conféssio et magnificéntia **opus eius**: * et iustítia eius manet in **sáeculum sáeculi**.

110:4 Memóriam fecit mirabílium suórum, + miséricors et miserátor **Dóminus**: * escam dedit **timéntibus** se.

110:5 Memor erit in sáeculum testaménti **sui**: * virtútem óperum suórum annuntiábit **pópulo suo**:

110:7 Ut det illis hereditátem **géntium**: * ópera mánuum eius véritas, **et iudícium**.

110:8 Fidélia ómnia mandáta eius: + confirmáta in **sáeculum sáeculi**, * facta in veritáte et **æquitáte**.

110:9 Redemptiόνem misit **pópulo suo**: * mandávit in ætérnum testaméntum **suum**.

110:9 (fit reverentia) Sanctum, et terríbile **nomen eius**: * inítium sapiéntiæ **timor Dómini**.

110:10 Intelléctus bonus ómnibus faciéntibus **eum**: * laudátio eius manet in **sáeculum sáeculi**.

V. Glória **Patri**, et **Fílio**, * et Spirítui **Sancto**.

R. Sicut erat in princípío, et **nunc**, et **semper**, * et in saecula saeculórum. Amen.

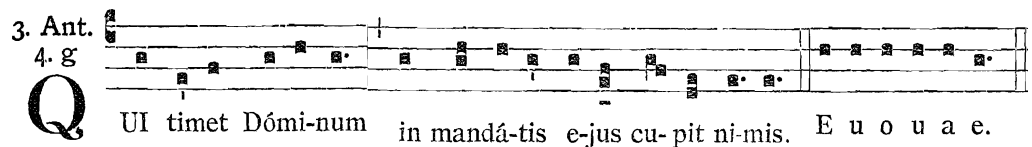
Ant. 3: Blessed is the man that feareth the Lord; * he shall delight exceedingly in his commandments.

Psalm 111 [3]

111:1 Blessed is the man that feareth the Lord: * he shall delight exceedingly in his commandments.

111:2 His seed shall be mighty upon earth: * the generation of the righteous shall be blessed.

3. Ant.
4. g



Q UI timet Dómi-num in mandá- tis e- jus cu- pit ni- mis. E u o u a e.

Psalmus 111 [3]

111:1 Beátus vir, qui timet **Dóminum**: * in mandátis eius volet **nimis**.

111:2 Potens in terra erit semen eius: * generatio rectórum benedicétur.

111:3 Glory and wealth shall be in his house: * and his justice remaineth for ever and ever.
 111:4 To the righteous a light is risen up in darkness: * he is merciful, and compassionate and just.
 111:5 Acceptable is the man that sheweth mercy and lendeth: he shall order his words with judgment: * because he shall not be moved for ever.
 111:7 The just shall be in everlasting remembrance: * he shall not fear the evil hearing.
 111:8 His heart is ready to hope in the Lord: his heart is strengthened, * he shall not be moved until he look over his enemies.
 111:9 He hath distributed, he hath given to the poor: his justice remaineth for ever and ever: * his horn shall be exalted in glory.
 111:10 The wicked shall see, and shall be angry, he shall gnash with his teeth and pine away: * the desire of the wicked shall perish.
 V. Glory be...

111:3 Glória, et divítiae in domo eius: * et iustítia eius manet in sáeculum **sáeculi**.
 111:4 Exórtum est in ténebris lumen **rectis**: * miséricors, et miserátor, et **iustus**.
 111:5 Iucúndus homo qui miserétur et cómmodat, + dispónet sermónes suos in iudício: * quia in ætérnum non commovébatur.
 111:7 In memória ætérna erit **iustus**: * ab auditióne mala non **timébit**.
 111:8 Parátum cor eius speráre in Dómino, + confirmátum est cor eius: * non commovébatur donec despíciat inimícos **suos**.
 111:9 Dispérsit, dedit paupéribus: + iustítia eius manet in sáeculum **sáeculi**, * cornu eius exaltábitur in **glória**.
 111:10 Peccátor vidébit, et irascétur, + déntibus suis fremet et **tabéscet**: * desidérium peccatórum **períbit**.
 V. Glória **Patri**, et **Fílio**, * et Spirítui **Sancto**.
 R. Sicut erat in princípío, et nunc, et semper, * et in sáecula **sæculórum**. Amen.

Ant. 4: Blessed be the name of the Lord * from henceforth now and for ever.

4. Ant.
7. c

S

IT nomen Dómi-ni. be-ne-díctum in saécu-la. E u o u a e.

Psalm 112 [4]
 112:1 Praise the Lord, ye children: * praise ye the name of the Lord.
 112:2 (bow head) Blessed be the name of the Lord, * from henceforth now and for ever.
 112:3 From the rising of the sun unto the going down of the same, * the name of the Lord is worthy of praise.
 112:4 The Lord is high above all nations; * and his glory above the heavens.
 112:5 Who is as the Lord our God, who dwelleth on high: * and looketh down on the low things in heaven and in earth?
 112:7 Raising up the needy from the earth, * and lifting up the poor out of the dunghill:
 112:8 That he may place him with princes, * with the princes of his people.
 112:9 Who maketh a barren woman to dwell in a house, * the joyful mother of children.
 V. Glory be...

Psalmus 112 [4]
 112:1 Laudáte, **púeri**, **Dóminum**: * laudáte **nomen Dómini**.
 112:2 (fit reverentia) Sit nomen Dómini **benedíctum**, * ex hoc nunc, et **usque** in **sáeculum**.
 112:3 A solis ortu usque **ad** **occásum**, * laudábile **nomen Dómini**.
 112:4 Excélsus super omnes **gentes** **Dóminus**, * et super cælos **glória eius**.
 112:5 Quis sicut Dóminus, Deus noster, qui in **altis** **hábitat**, * et humília réspicit in cælo **et** in **terra**?
 112:7 Súscitans a **terra** **ínopem**, * et de stércore **érigens páuperem**:
 112:8 Ut cóllocet eum **cum** **príncipibus**, * cum **príncipibus** **pópuli sui**.
 112:9 Qui **habitáre** facit **stérilem** in **domo**, * matrem **filiórum lætántem**.
 V. Glória **Patri**, et **Fílio**, * et Spirítui **Sancto**.
 R. Sicut erat in princípío, et **nunc**, et **semper**, * et in sáecula **sæculórum**. Amen.

5. Ant.
T. pereg.

D De-us autem noster in cae-lo : ómni- a quaecúmque

vó-lu- it, fe- cit. E u o u a e.

Ant. 5: But our God is in heaven, * he hath done all things whatsoever he would.

Psalm 113 [5]

113:1 When Israel went out of Egypt, * the house of Jacob from a barbarous people:

113:2 Judea was made his sanctuary, * Israel his dominion.

113:3 The sea saw and fled: * Jordan was turned back.

113:4 The mountains skipped like rams, * and the hills like the lambs of the flock.

113:5 What ailed thee, O thou sea, that thou didst flee: * and thou, O Jordan, that thou wast turned back?

113:6 Ye mountains, that ye skipped like rams, * and ye hills, like lambs of the flock?

113:7 At the presence of the Lord the earth was moved, * at the presence of the God of Jacob:

113:8 Who turned the rock into pools of water, * and the stony hill into fountains of waters.

113:9 Not to us, O Lord, not to us; * but to thy name give glory.

113:10 For thy mercy, and for thy truth's sake: * lest the Gentiles should say: Where is their God?

113:11 But our God is in heaven: * he hath done all things whatsoever he would.

113:12 The idols of the Gentiles are silver and gold, * the works of the hands of men.

113:13 They have mouths and speak not: * they have eyes and see not.

113:14 They have ears and hear not: * they have noses and smell not.

113:15 They have hands and feel not: they have feet and walk not: * neither shall they cry out through their throat.

113:16 Let them that make them become like unto them: * and all such as trust in them.

113:17 The house of Israel hath hoped in the Lord: * he is their helper and their protector.

113:18 The house of Aaron hath hoped in the Lord: * he is their helper and their protector.

113:19 They that fear the Lord have hoped in the Lord: * he is their helper and their protector.

113:20 The Lord hath been mindful of us, * and hath blessed us.

113:20 He hath blessed the house of Israel: * he hath blessed the house of Aaron.

113:21 He hath blessed all that fear the Lord, * both

Psalmus 113 [5]

113:1 In éxitu Israël de Egýpto, * domus Iacob de pópulo **bár**baro:

113:2 Facta est Iudáea sanctificátio eius, * Israël potéstas eius.

113:3 Mare vidit, et fugit: * Iordánis convérsus est retrórsum.

113:4 Montes exsultavérunt ut ariétes, * et colles sicut agni óvium.

113:5 Quid est tibi, mare, quod fugísti: * et tu, Iordánis, quia convérsus es retrórsum?

113:6 Montes, exsultástis sicut ariétes, * et colles, sicut agni óvium.

113:7 A fácie Dómini mota est terra, * a fácie Dei **Iacob**.

113:8 Qui convértit petram in stagna aquárum, * et rupem in fontes aquárum.

113:9 Non nobis, Dómine, non nobis: * sed nómini tuo da glóriam.

113:10 Super misericórdia tua, et veritáte tua: * nequándo dicant gentes: Ubi est Deus eórum?

113:11 Deus autem noster in caelo: * ómnia quaecúmque vóluit, fecit.

113:12 Simulácra géntium argéntum, et aurum, * ópera mánuum hóminum.

113:13 Os habent, et non loquéntur: * óculos habent, et non vidébunt.

113:14 Aures habent, et non áudient: * nares habent, et non odorábunt.

113:15 Manus habent, et non palpábunt: + pedes habent, et non ambulábunt: * non clamábunt in gútture suo.

113:16 Símites illis fiant qui fáciunt ea: * et omnes qui confídunt in eis.

113:17 Domus Israël sperávit in Dómino: * adiútor eórum et protéctor eórum est,

113:18 Domus Aaron sperávit in Dómino: * adiútor eórum et protéctor eórum est,

113:19 Qui timent Dóminum, speravérunt in Dómino: * adiútor eórum et protéctor eórum est.

113:20 Dóminus memor fuit nostri: * et benedíxit nobis:

113:20 Benedíxit dómuí Israël: * benedíxit dómuí Aaron.

113:21 Benedíxit ómnibus, qui timent Dóminum, * pusíllis cum maióribus.

little and great.

113:22 May the Lord add blessings upon you: * upon you, and upon your children.

113:23 Blessed be you of the Lord, * who made heaven and earth.

113:24 The heaven of heaven is the Lord's: * but the earth he has given to the children of men.

113:25 The dead shall not praise thee, O Lord: * nor any of them that go down to hell.

113:26 But we that live bless the Lord: * from this time now and for ever.

STAND

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

Chapter: Eph 5:1-2

Be ye, therefore, followers of God, as most dear children; And walk in love, as Christ also hath loved us, and hath delivered himself for us, an oblation and a sacrifice to God for an odour of sweetness.

R. Thanks be to God.

1. O kind Creator, bow thine ear
To mark the cry, to know the tear
Before thy throne of mercy spent
In this thy holy fast of Lent.

2. Our hearts are open, Lord, to thee:
Thou knowest our infirmity;
Pour out on all who seek thy face
Abundance of thy pardoning grace.

3. Our sins are many, this we know;
Spare us, good Lord, thy mercy show;
And for the honour of thy name
Our fainting souls to life reclaim.

4. Give us the self-control that springs
From discipline of outward things,
That fasting inward secretly
The soul may purely dwell with thee.

113:22 Adiciat Dóminus **super** vos: * super vos, et super fílios **vestros**.

113:23 Benedícti vos a Dómino, * qui fecit cælum, et **terram**.

113:24 Cælum cæli Dómino: * terram autem dedit fíliis **hóminum**.

113:25 Non mórtui laudábunt te, Dómine: * neque omnes, qui descéndunt in **inférnum**.

113:26 Sed nos qui vívimus, benedícimus Dómino, * ex hoc nunc et usque in **sáeculum**.

V. Glória Patri, et Fílio, * et Spirítui **Sancto**.

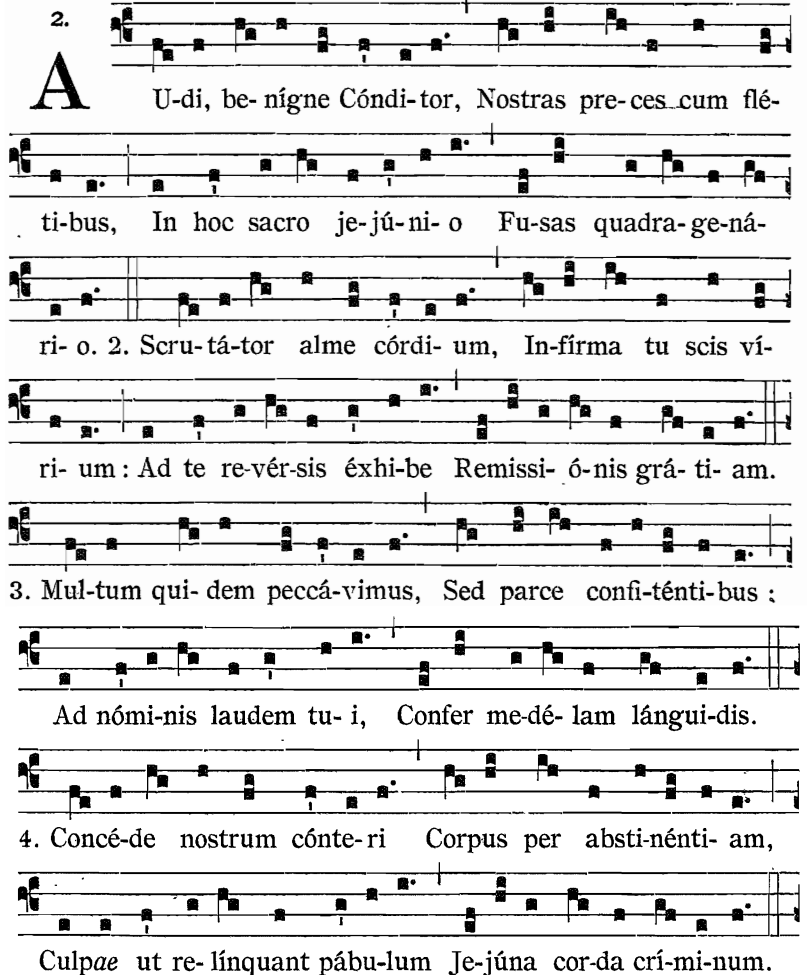
R. Sicut erat in princípio, et nunc, et **semper**, * et in sáecula sáeculorum. Amen.

Capitulum:

Fratres: Estóte imitatóres Dei, sicut fílii caríssimi: et ambuláte in dilectióne, sicut et Christus diléxit nos, et trádedit semetípsum pro nobis oblatiónem et hóstiam Deo in odórem suavitátis. R. Deo grátias.

Hymnus.

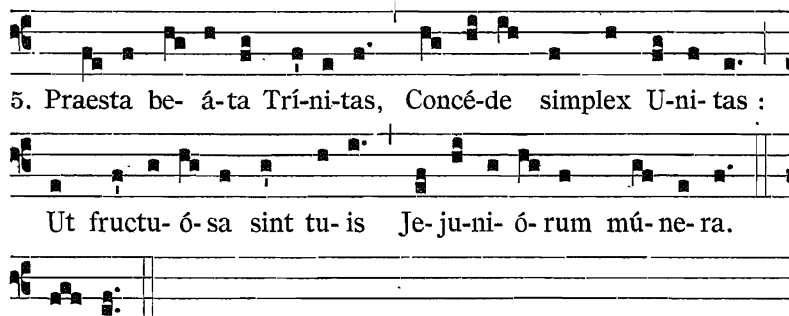
2. **A**



U-di, be-nígne Cón-di-tor, Nostras pre-ces cum flé-
ti-bus, In hoc sacro je-jú-ni-o Fu-sas quadra-ge-ná-
ri-o. 2. Scru-tá-tor alme córdi-um, In-firma tu scis ví-
ri-um: Ad te re-vér-sis éxhi-be Remissi-ó-nis grá-ti-am.
3. Mul-tum qui-dem peccá-vimus, Sed parce confi-ténti-bus:
Ad nó-mi-nis laudem tu-i, Confer me-dé-lam lángui-dis.
4. Concé-de nostrum cón-te-ri Corpus per absti-nénti-am,
Culpæ ut re-línquant pábu-lum Je-jú-na cor-da crí-mi-num.

5. We pray thee, Holy Trinity,
One God, unchanging Unity,
That we from this our abstinence
May reap the fruits of penitence.
Amen.

V. God hath given His Angels charge over thee.
R. To keep thee in all thy ways.



5. Praesta be- á-ta Trí-ni-tas, Concé-de simplex U-ni- tas :
Ut fructu- ó-sa sint tu- is Je- ju-ni- ó-rum mú-ne- ra.
A-men.

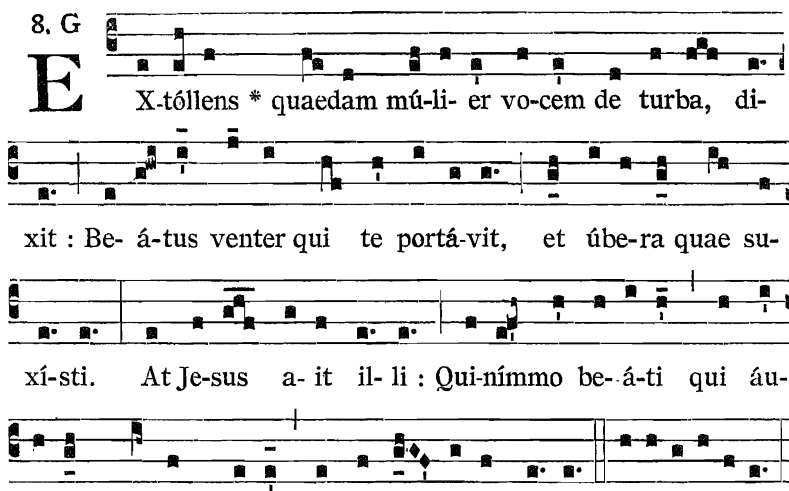
℣. Angelis suis Deus mandávit de te.
℞. Ut custódiant te in ómnibus viis tuis.

Ant. A certain woman of the company lifted up her voice and said: * Blessed is the womb that bare thee, and the paps which Thou hast sucked. But Jesus said unto her: Yea, rather, blessed are they that hear the word of God, and keep it.

Cantic of the Blessed Virgin Luke 1:46-55

1:46 My soul [make the Sign of the Cross] * doth magnify the Lord.
1:47 And my spirit hath rejoiced * in God my Saviour.
1:48 Because he hath regarded the humility of his handmaid; * for behold from henceforth all generations shall call me blessed.
1:49 Because he that is mighty, hath done great things to me; * and holy is his name.
1:50 And his mercy is from generation unto generations, * to them that fear him.
1:51 He hath shewed might in his arm: * he hath scattered the proud in the conceit of their heart.
1:52 He hath put down the mighty from their seat, * and hath exalted the humble.
1:53 He hath filled the hungry with good things; * and the rich he hath sent empty away.
[repetition of the antiphon]

Ad Magnificat, Antiphona.



8. G
E X-tóllens * quaedam mú-li- er vo-cem de turba, di-
xit : Be- á-tus venter qui te portá-vit, et úbe-ra quae su-
xí-sti. At Je-sus a- it il- li : Qui-núm-mo be- á-ti qui áu-
di- unt verbum De- i, et custó- di- unt il-lud. E u o u a e.

Canticum B. Mariæ Virginis Luc. 1:46-55

1:46 Magníficat + * ánima mea **Dóminum**.
1:47 Et exsultávit spíritus meus: * in Deo, salutári **meo**.
1:48 Quia respéxit humilitátem ancíllæ suæ: * ecce enim ex hoc beátam me dicent omnes generatiónes.
1:49 Quia fecit mihi magna qui potens est: * et sanctum nomen eius.
1:50 Et misericórdia eius, a progénie in progénies: * timéntibus **eum**.
1:51 Fecit poténtiam in brácchio suo: * dispérsit supérbos mente cordis sui.
1:52 Depósuit poténtes de sede: * et exaltávit **húmiles**.
1:53 Esuriéntes implévit bonis: * et dívites dimísit inánes.
1:54 Suscépit Israël púerum suum: * recordátus misericórdiæ suæ.

1:54 He hath received Israel his servant, * being mindful of his mercy:
1:55 As he spoke to our fathers, * to Abraham and to his seed for ever.
V. Glory be...

The Lord be with you.
R. And with your spirit.

Let us pray.
We beeseech thee, almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty to be our defense against all our enemies.
Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end
R. Amen.

V. The Lord be with you.
R. And with your spirit.

V. Let us bless the Lord.
R. Thanks be to God.

V. May the souls of the faithful, through the mercy of God, rest in peace.
R. Amen.

1:55 Sicut locútus est ad patres **nostros**: * Ábraham, et sémini eius in **sáecula**.
V. Glória Patri, et Fílio, * et Spíritui **Sancto**.
R. Sicut erat in princípío, et nunc, et semper, * et in sáecula sáeculórum. Amen.

V. Dominus vobiscum.
R. Et cum spiritu tuo.

Orémus.
Quæsumus, omnípotens Deus, vota humílium réspice: atque ad defensiónem nostram, délixteram tuæ maiestátis exténde.
Per Dóminum nostrum Iesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sáecula sáeculórum.
R. Amen.

V. Dominus vobiscum.
R. Et cum spiritu tuo.

6.

B Ene-di-cá- mus Dó- mi- no.

R. De- o grá- ti- as.

V. Fidélium ánimæ per misericórdiam Dei requiés- cant in pace.
R. Amen.

Chant taken from the 1924 Antiphonale Romanum, which you can buy here:

